

Introduction to the LME and Hedging



Overview

The Introduction to the LME and Hedging course gives you a comprehensive overview of the London Metal Exchange and its markets. This course features two modules and offers a practical introduction to all things LME including:

- Terminology and history
- Futures and options
- Pricing and price discovery
- Hedging and trading
- Contract and metal specifications
- The LME date structure
- Trading venues and market access

Modules

Module 1: Introduction to the LME

- Prompt date structure and trading procedures
- Market terminology and delivery process
- Benefits of clearing and the role of LME Clear
- Accessing the LME through member firms and brokers

Module 2: Hedging with LME Instruments

- Futures and options: when to use physically settled vs cash-settled contracts
- Identifying and managing risk positions
- Types of hedges and choosing the right instrument
- Understanding carries, borrowing and lending
- Basics of option pricing

Format

- In-person or online
- Full course: 3 days (or 5 x 3.5-hour sessions online)
- Includes a visit to the LME Ring (London courses, subject to availability)

Why attend?

Gain practical skills to manage price volatility and apply hedging strategies effectively in your organisation.

